

Toasted Hemp Seed Salted/No Salt

www.hempseedoil.eu, www.hempoilcan.com

HempSeedOil.eu

All Hemp Bulk and Private Label Supply

Made in Canada	Intrastat: 2008.19.19
Colour & appearance	Grayish-brown toasted seeds
Flavour & odour	Slight nutty flavour and odour
Purity	Seed cleaned to 99% purity
Food use	Edible food ingredient
Packaging	25 kg bag, mini bulk tote bag, various private label containers
Shelf life	14 months from the date of manufacture in un-opened container
Storage	Keep stored in a cool dry place (<20 °C) away from heat or sunlight. Humidity between 30-50%
Accreditations	EU BIO/ORGANIC as bulk and private label KOSHER, HALAL as bulk
Quality aspects	
Moisture	2-5%
Standard Plate Count	< 300 000 cfu/g
Total Coliforms	< 1000 cfu/g
Yeast & Mold	< 1000 cfu/g
E. coli	Negative (<10 cfu/g)
Salmonella	Negative in 25g
Free fatty acids	< 2% as Oleic Acid
Peroxide value	< 2 mmol O/kg
pH Value	5.9
β-carotene	47.2 IU/100g
Gluten	< 20 ppm
Allergens	Allergen free - as per 2003/89/EC, Annex III a)
Contaminants	As per 2006/1881/EC and 2011/835/EC
Pesticides and Glyphosate	Negative
THC	< 10 ppm with 25% uncertainty

Amio Acid Profile in % per 100 g			
Aspartic Acid	2.43	Threonine	0.83
Serine	1.21	Glutamic Acid	4.42
Proline	0.89	Glycine	1.06
Alanine	1.03	Cysteine	0.45
Valine	1.16	Methionine	0.59
Isoleucine	0.91	Leucin	1.61
Tyrosine	0.74	Phenylalanine	1.09
Histidine	0.64	Lysine	0.89
Arginine	2.82	Tryptophan	0.20
Protein Digestibility: 85%, PDCAAS: 0.51			

Nutrients, Vitamins, Minerals	unit	per 100 g	% of DRI* / 100 g	% of DRI* / 30 g serving
Energy	kCal/ kJ	550/ 2309	27.5%	8.3%
Total Fat of which	g	36.0	51.4%	15.4%
-saturates	g	3.0	15.0%	4.5%
-mono-unsaturates	g	4.0		
-polyunsaturates of which	g	28.3		
-Omega-6 of which	g	21.6		
-LA	g	20.1	201,4%	60,4%
-GLA	g	1.5		
-Omega-3 of which	g	6.7		
-ALA	g	6.3	314,5%	94,4%
-SDA	g	0.4		
Carbohydrate of which	g	2.0	0.8%	0.2%
-sugars	g	2.0	2.2%	0.7%
-starch	g	0.0		
Fibre of which	g	29.0	116.0%	34.8%
-soluble	g	2.0		
-insoluble	g	27.0		
Protein	g	26.0	52.0%	15.6%
Salt	g	0.7	11.7%	3.5%
Cholesterol	mg	0.0		
Vitamin E (α-Tocopherol)	mg	2.2	18.3%	5.5%
Vitamin B1 Thiamin	mg	0.6	54.5%	16.4%
Vitamin B2 Riboflavin	mg	0.3	21.4%	6.4%
Vitamin B3 Niacin	mg	4.0	25.0%	7.5%
Vitamin B6 Pyridoxin	mg	0.7	50.0%	15.0%
Vitamin B9 Folic acid	µg	160.0	80.0%	24.0%
Calcium	mg	110.0	13.8%	4.1%
Iron	mg	13.0	92.9%	27.9%
Phosphorus	mg	960.0	137.1%	41.1%
Magnesium	mg	430.0	114.7%	34.4%
Zinc	mg	6.7	67.0%	20.1%
Copper	mg	1.7	170.0%	51.0%
Manganese	mg	12.0	600.0%	180.0%
Potassium	mg	760.0	38.0%	11.4%

LEGEND

	HIGH (NUTRIENT)
	SOURCE OF (NUTRIENT)
	LOW (NUTRIENT) / SALT-FREE

* Daily Reference Intakes are as per (EC) 1169/2011, Annex XIII for 2000 calorie diet.

Product description

High in dietary fibre, it makes an excellent food source to maintain a healthy digestive system. Fibre passes through the human digestive system unchanged, which is important for the body's digestion of foods.

Applicable claims

High: LA, ALA, Fibre, Vitamin B1 (Thiamine), Vitamin B6 (Pyridoxin), Vitamin B9 (Folate), Iron, Phosphorus, Magnesium, Zinc, Copper, Manganese, Potassium

Source of: Protein, Vitamin E (alpha-Tocopherol), Vitamin B2 (Riboflavin), Vitamin B3 (Niacin)

Low: Sugar, Salt-Free (in No Salt version)

All stated values are average values. These values are not equivalent to quality guarantees. They are neither legally binding nor do they form the basis for warranty or product liability.